Adaptive Snowboard Standards Exam Supplement
2014
National Standards: Level One, Level Two, Level Three
Adaptive Snowboard Contributors and Developers:

Kirsten Atkins  Rocky Mountain
Weylin Barrett  Northern Intermountain
Bill Bowness  Western
Kristen Caldwell  Intermountain
Kathy Chandler  Eastern
Chuck Chiu  Northern Intermountain
Ruth DeMuth  Rocky Mountain
Beth Fox  Rocky Mountain
Lindsay Hallvik  Alaska
Terri Henderson  Central
Geoff Krill  Eastern
Jeff Pitts  Northern Intermountain
Kathleen Priest  Northwest
Diana Proemm  Northern Rocky Mountain
Dave Schuiling  Rocky Mountain
Kim Seevers  Eastern
Josh Spoelstra  Western
John Stevenson  Northwest
Barbara Szwebel  Rocky Mountain

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Introduction
The information in the AASI Adaptive Snowboard Standards Exam Supplement has been developed to compliment the 2014 AASI Adaptive Snowboard Standards and should be studied in conjunction with the Standards in preparation for taking certification exams. Reference material used in creating this document includes the current editions of PSIA-AASI’s Core Concepts for Snowsports Instructors, the Snowboard Instructor’s Guide, the Adaptive Snowsports Instruction manual, and the Children’s Instruction Manual (2nd ed.).
Disability Classification Specific Techniques

Important to teaching all students is the ability to ride safely when teaching or assisting students. The following section applies to safe riding techniques used when working with students with specific disabilities.

<table>
<thead>
<tr>
<th>Certification Level</th>
<th>Sit-Down Classification</th>
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| **Level I**         | • Safely load and unload relevant sit equipment on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
                      • Safely 'bucket' and 'tether' appropriate sit equipment with handheld or fixed riggers on green terrain and be able to fluidly move between the two modes.  
                      • Perform the 'end-around' on green terrain (see below for definition).  
                      • Perform an emergency stop on command. |
| **Level II**        | • Safely load and unload relevant sit equipment on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
                      • Safely 'bucket' and 'tether' appropriate sit equipment with handheld or fixed riggers on blue terrain and small freestyle features and be able to fluidly move between the two modes.  
                      • Perform the 'end-around' on blue terrain.  
                      • Perform an emergency stop on command. |
| **Level III**       | • Safely load and unload relevant sit equipment on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
                      • Safely 'bucket' and 'tether' appropriate sit equipment with handheld or fixed riggers on black terrain and freestyle features and be able to fluidly move between the two modes.  
                      • Perform the 'end-around' on black terrain.  
                      • Perform an emergency stop on command. |
<table>
<thead>
<tr>
<th>Certification Level</th>
<th>Standing Classification</th>
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| **Level I**         | • Safely load and unload riders using a 'two point hold' on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, gondolas).  
  • Safely load and unload riders using snowboard tethers on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
  • Be able to safely tether snowboarders on green terrain.  
  • Demonstrate the basic guiding techniques (behind, in front, alongside) and safe lift loading/unloading procedures used with available stand up snowboard equipment on green terrain (rider bar, snow-wing, snowboard tethers, stand up riggers, etc.). |
| **Level II**        | • Safely load and unload riders using a 'two point hold' on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
  • Safely load and unload riders using snowboard tethers on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
  • Be able to safely tether snowboarders on blue terrain and small freestyle features.  
  • Demonstrate the basic guiding techniques (behind, in front, alongside) and safe lift loading/unloading procedures used with available stand up snowboard equipment on blue terrain (rider bar, snow-wing, snowboard tethers, stand up riggers, etc.). |
| **Level III**       | • Safely load and unload riders using a 'two point hold' on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, gondolas).  
  • Safely load and unload riders using snowboard tethers on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
  • Be able to safely tether snowboarders on black terrain and any freestyle features.  
  • Demonstrate the basic guiding techniques (behind, in front, alongside) and safe lift loading/unloading procedures with any stand up snowboard equipment on black terrain (rider bar, snow-wing, snowboard tethers, stand up riggers, etc.). |
<table>
<thead>
<tr>
<th>Certification Level</th>
<th>Visually Impaired / Cognitive Classification</th>
</tr>
</thead>
</table>
| **Level I**         | - Safely load and unload riders using a 'two point hold' on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
- Safely load and unload riders using snowboard tethers on a variety of lifts that access green terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
- Be able to safely tether snowboarders on green terrain.  
- Demonstrate the basic guiding techniques for the visually impaired from lesson start point through the lift line and down the slopes including commands for left, right, slow, stop, emergency stop, etc. and able to guide from in front, behind or alongside the rider on green terrain. |
| **Level II**        | - Safely load and unload riders using a 'two point hold' on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
- Safely load and unload riders using snowboard tethers on a variety of lifts that access blue terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
- Be able to safely tether snowboarders on blue terrain.  
- Demonstrate the basic guiding techniques for the visually impaired from lesson start point through the lift line and down the slopes including commands for left, right, slow, stop, emergency stop, etc. and able to guide from in front, behind or alongside the rider on blue terrain and small freestyle features. |
| **Level III**       | - Safely load and unload riders using a 'two point hold' on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
- Safely load and unload riders using snowboard tethers on a variety of lifts that access black terrain (magic carpets, surface lifts, detachable and fixed grip chairlifts, and gondolas).  
- Be able to safely tether snowboarders on black terrain.  
- Demonstrate the basic guiding techniques for the visually impaired from lesson start point through the lift line and down the slopes including commands for left, right, slow, stop, emergency stop, etc. and able to guide from in front, behind or alongside the rider on any black terrain and any freestyle feature. |
**Definitions**

*Module:* a three-part system for presenting/learning adaptive techniques/skills.

*Bucketing:* the ability to safely pilot the sit equipment while maintaining speed and directional control with a direct two point hold.

*Tethering:* the ability to use safety lines to control speed and direction of the sit equipment on appropriate terrain.

*End-around:* the pivot slip from regular to switch riding to be able to stay downhill of the sit rider at all times on both left and right turns.