

Academy 2010
Snowbird Resort, Snowbird, Utah, April 18-22, 2010
ELECTIVES SIGN-UP SHEET
Please return by March 19th 2010

From the elective options listed below, please select your first and second choices for the afternoon sessions each day. The number of enrollees will determine confirmed electives for each session. Electives that are not filled will be cancelled. A list of your electives will be in your registration packet when you arrive at the Cliff Lodge. Reconfirm your choices when you check in at the PSIA registration desk.

Name	
Address	
Daytime Phone	
Fax	E-mail

Day 1: Sunday, April 18th (Afternoon Elective)

First Choice _____
Second Choice _____

Day 2: Monday, April 19th (Afternoon Elective)

First Choice _____
Second Choice _____

Day 3: Tuesday, April 20st (Electives-Only Day)

First Choice _____
Second Choice _____

Day 4: Wednesday, April 21nd (Afternoon Elective)

First Choice _____
Second Choice _____

Day 5: Thursday, April 22rd (Afternoon Elective)

First Choice _____
Second Choice _____

You will ski with your group leader on Sun., Mon., Weds., and Thurs. mornings. Tuesday is an electives-only day and you will ski all day with the group you select.

Please return to:

Professional Ski Instructors of America, Education Department
133 South Van Gordon, Suite 200
Lakewood, CO 80228

Fax: 303 987 9489 or e-mail: esaline@thesnowpros.org or broberts@thesnowpros.org

Sunday, 4/18	Monday, 4/19	Tuesday, 4/20	Wednesday, 4/21	Thursday, 4/22
Theme- Stance/Balance	Theme- Edging	Theme- Rotary	Theme- Pressure	Theme- Bring it together
AM Sessions- 8:45 - 12:00 pm	AM Sessions- 8:45 - 12:00 pm	All Day Electives- 9:00 am - 1:00 pm	AM Sessions- 8:45 - 12:00 pm	AM Sessions- 8:45 - 12:00 pm
Kids Track- Teaching Levels 8 and 9, incorporating freestyle as a teaching and motivating tool	Kids Track- Creative Teaching = Creative Learning- ages 3 to 7	Kids Track- Drills and Games	Kids Track- Creative Teaching = Creative Learning- ages 8 to 14	Kids Track- Freestyle as a Teaching Tool
Academy ski groups with team/alumni	Academy ski groups with team/alumni		Academy ski groups with team/alumni	Academy ski groups with team/alumni
PM Electives- 1:30 - 3:30 pm	PM Electives- 1:30 - 3:30 pm	Steeps/Bumps- 3 levels Carving- 3 levels Conditions du Jour- 3 levels Race Training and Tactics- with TBD Race Focus- Athlete Development Tactics w/Ron Kipp Boot Alignment Appointments with Jim Lindsay	PM Electives- 1:30 - 3:30 pm	PM Electives- 1:30 - 3:30 pm
Kids- Freestyle as a Teaching Tool	Kids- Special Populations		Kids- Drills and Games- Creating great games	Kids- Teaching the Entire Family
Kids Track- Special Populations	Kids Track- Teaching the Entire Family		Steeps/Bumps- 3 levels Carving- 3 levels Conditions du Jour- 3 levels Video Session- max 4 groups max 32 participants FreeRide!- Teaching the FUNdamentals- integrating elements of freestyle into your lessons	Kids Track- Multi-week tactics
Steeps/Bumps- 3 levels Carving- 3 levels Conditions du Jour- 3 levels Video Session- max 4 groups Women's Group- Co-Ed Mental Difference Between Men and Women	Steeps/Bumps- 3 levels Carving- 3 levels Conditions du Jour- 3 levels Video Session- max 4 groups max 32 participants FreeRide!- Teaching the FUNdamentals- integrating elements of freestyle into your lessons Understanding Stance, Movement and Balance- on-snow- led by Jim L & team		Steeps/Bumps- 3 levels Carving- 3 levels Conditions du Jour- 3 levels Video Session- max 4 groups max 32 participants FreeRide!- Using the Whole Mountain as a terrain park Women's Group- Women only! Skiing with women Understanding Stance, Movement and Balance- on-snow- led by Jim L & team	Steeps/Bumps- 3 levels Carving- 3 levels Conditions du Jour- 3 levels Video Session- max 4 groups Women's Group- Co-Ed Anchoring feedback for Men and Women
Indoor Elective- 1:30 - 4:30 pm	Indoor Elective- 1:30 pm - 3:30 pm		Indoor Elective- 1:30 pm - 3:30 pm	Indoor Elective- 1:30 pm - 3:30 pm
Boot Alignment Lecture- Jim Lindsay Understanding Stance, Movement, and Balance (indoor)	Movement Analysis with a team member (indoor)		Kids Track- Movement Analysis (indoor)	Movement Matrix- Tools and Tips (indoor)
General Sessions- 5:00 - 6:00 pm	General Sessions- 5:00 - 6:00 pm	General Sessions- 5:00 - 6:00 pm	General Sessions- 5:00 - 6:00 pm	General Sessions- 5:00 - 6:00 pm
PSIA Update	PAIA-AASI's Message to the World - Interski 2011	Special Populations- Strategies For Success	Equipment Integration- How it all works together	Open forum with the Team
After Dinner Discussions- speed dating style 7:15 - 8:15 pm	Breakout Sessions- 6:00-6:45	Dinner and Mini-tradeshow	Breakout Sessions- 6:00-6:45	
	Kids- Drills and Games, building the foundation		Kids Roundtable- What's happening with your kids program?	

- Sun., Mon., Weds., and Thurs. mornings—Ski with your same clinic group each morning.
- Sun., Mon., Weds., and Thurs. afternoons—Sign up for elective activities on the course sign up sheet provided. Return the form to request your spot.
- Tuesday all day—Elective-only day. Sign up for a session of interest and ski with a new course conductor or take the day off.

Academy 2010
Elective List Descriptions

For more detail please contact Earl Saline at esaline@thesnowpros.org or Ben Roberts at broberts@thesnowpros.org

Indoor Sessions

Boot fitting Lecture (Sunday)

Change the way you ski by changing the way you stand. Jim Lindsay, boot fitter extraordinaire and president of BOOTech, Inc., has over 20 years experience as a specialty boot fitter and pedorthist. Jim will talk about the effect the fit of your ski boot has on your skiing. It is strongly advised that you attend this lecture before taking the on-snow session “Understanding Stance, Movement, and Balance.”

Boot fitting appointments

If you would like to have any adjustments made on your boots, Jim will be taking appointments during the first few days of the event. Please contact Jim at bootinfo@bootech.net or call him at 970-925-2526 to discuss your needs and cost. Appointments can be made at the event if all spaces are not previously filled.

Movement Analysis with a Team Member (Monday)

Are you looking to connect the dots from simple observation to detailed description to a solid prescription for change? This session will help you further develop your understanding of what you see so that you can identify the root cause and effect relationships and create a personalized plan of action for every skier.

Movement Analysis for Children (Wednesday)

Learn systematic observation strategies for assessing children’s movements that will help you clearly describe movement related and process related problems and isolate root causes. The session leaders will help you develop creative vantage-points and tactics for efficient movement assessment.

Movement Matrix- Tools and Tips (Thursday)

Come to this session to get the inside line on how to put The Movement Matrix to work for you. Alpine team members will show you where to find what you are looking for and ways to get the most out of this powerful learning tool.

General Sessions

PSIA Update (Sunday)

PSIA-AASI is a constantly changing organization. Ask questions and get up to speed with what’s happening with your organization at this panel discussion.

Interski 2011 (Monday)

PSIA-AASI will share its’ message with the rest of the world at Interski 2011. Come to this session to learn from team members more about Interski and what is being prepared to present at St. Anton.

Special Populations (Tuesday)

Special needs children are participating in regular classes at school and are looking to do the same on the snow. Geoff Krill, Adaptive Team member, will show you how to help parents and their children with autism and Aspergers Syndrome have a great time and how to help your staff teach the best lesson they can in these situations.

Equipment Integration (Wednesday)

Modern ski equipment is complicated and manufacturers are touting the benefits of all their gear. Alpine Team member Michael Rogan and boot expert Jim Lindsay will break it down for you and show you how it all works together.

Open Forum with the Alpine Team (Thursday)

The Alpine Team is here to serve. Come to this open forum to ask your questions and discuss your ideas with team members.

On-Snow Clinics

All groups will be led by PSIA national team members, coaches, and visiting past PSIA team members. On-snow clinic groups will be limited in number. Groups will be organized by pacing and ability levels.

Free-Skiing Mileage with Team Members

Check out the list below and select the condition you'd like to tackle each day; you can pick a different focus each day or stick with the same one for the week. Group splits for each session based initially on the following categories: Teaching and Fundamentals, Skill Development, or Ripping. Team members will then divide groups based on skiing ability, desired intensity, and skiing focus.

- Steeps and Bumps
- Carving
- Powder and Crud (ungroomed conditions)
- Conditions du Jour (conditions of the day, ski whatever the hill has to offer that day)

Video Session

Members of the National Team will film you skiing a variety of pitches, conditions and tasks, followed by an intensive analysis session dedicated to your personal skiing improvement. Space is limited each day.

You may take this session one time only.

Women's Ski Group (Sunday, Wednesday, Thursday)

Coaching for women, by women (and Nick Herrin)! Spend some quality time skiing with the female members of the PSIA National Team (and Nick Herrin): a great chance to ski and compare notes with your counterparts. Guys, if you're interested in these sessions please ask.

You may take this session one time only.

Understanding Stance, Movement, and Balance (Monday, Wednesday)

Jim Lindsay, boot fitter extraordinaire and president of BOOTech, Inc. has over 20 years experience as a specialty boot fitter and pedorthist. Jim, aided by several team members, will be

presenting and demonstrating the effects of the fit of your ski boot on your skiing technique. It is strongly advised that you attend the indoor boot fitting lecture on Sunday before taking this session.

Attendance in these sessions is limited (20 max).

FreeRide!- Teaching the FUNdamentals (Monday)

Increase your freestyle skills in the snow park by building the foundation. Dial in your own skills while learning from Dave Oliver, Alpine Team Park and Pipe Specialist what the building blocks are to rock-stardom. You'll get individual feedback and put PSIA's freestyle ATML method to use.

FreeRide!- Using the whole mountain as a terrain park (Wednesday)

Freestyle is a reality. But, before there were man made mounds of snow and boxes and rails to play on, skiers used what the mountain offered. Check out the Snowbird you might not normally see with Alpine team member Dave Oliver and learn to play on an all-natural terrain park.

Race Focus- Athletic Development Tactics (Tuesday)

Olympic skiers all started somewhere. Learn proven tactics to developing the next generation of racers with Ron Kipp, former Director of Athlete Preparation for the U.S. Ski Team. Ron will discuss not only "in the moment" tactics but also how to approach long term athlete development.

Race Tactics and Training (Tuesday)

Ski with a top level race coach and team members as they lead you through proven tactics and techniques to make you faster on the course.

Telemark Skiing (Tuesday)

Telemark skiing is a great compliment to alpine skiing and vice versa. Whether you are a first timer or seasoned free-heeler we've got a session for you. Three ability levels (beginner, intermediate, advanced all-mountain) will be offered with current and former national nordic team members coaching.

Children's Specialty Track with Stacey Gerrish and Grant Nakamura

This special track is for instructors wanting specific children's focused education. Sessions are scheduled for mornings and afternoons. Information about individual sessions is listed below.

AM Sessions

Kids Track- Teaching Levels 8 and 9, incorporating freestyle for motivation (Sunday)

Freestyle is here to stay and kids dig it. Join Stacey Gerrish and Grant Nakamura as they show you how to incorporate freestyle into children's lessons to keep the kids entertained and motivated.

Creative Teaching = Creative Learning, Ages 3 – 7 (Monday)

Learn strategies to create effective lessons that address the specific needs and issues of the 3 to 7 year old age group.

Kids Track- Special Needs Populations in mainstream lessons (Tuesday)

Special needs children are participating in regular classes at school and are looking to do the same on the snow. Learn how to help parents and their children with autism and Aspergers Syndrome have a great time and how to help your staff teach the best lesson they can in these situations.

Creative Teaching = Creative Learning, Ages 8 – 14 (Wednesday)

Kids are becoming more sophisticated all the time. It's important to develop creative learning environments that help pre-teens and teens feel comfortable and successful while still learning. This session will give you proven tactics to create those successful lessons.

Kids Track- Freestyle as a Teaching Tool (Thursday)

Join Stacey Gerrish and Grant Nakamura as they show you how to incorporate freestyle into children's lessons by using different freestyle skills to develop solid skiing skills.

PM Elective Sessions

Kids Track- Freestyle as a Teaching Tool (Sunday)

Alpine Team Park and Pipe Specialist Dave Oliver, Stacey Gerrish, and Grant Nakamura will show you how to incorporate freestyle into children's lessons to keep them entertained and motivated.

Kids Track- Addressing Special Needs Populations (Sunday, Monday)

Special needs children are participating in regular classes at school and are looking to do the same on the snow. Learn how to help parents and their children with autism and Aspergers Syndrome have a great time and how to help your staff teach the best lesson they can in these situations.

Kids Track- Teaching the entire family (Monday, Thursday)

Higher level children are some of the most fun to teach, and some of the hardest to keep in lessons. Learn some of the 'tricks of the trade' from Stacey Gerrish, Grant Nakamura, and Dave Oliver and increase your ability to keep these kids coming back.

Kids Track- Drills and Games (Tuesday, Wednesday)

Check out this session for great tips, tricks, drills, and games to keep your classes fresh and fun. Kids want to play and this clinic will give you tools to keep them entertained and motivated to keep skiing and learning.

Kids Track- Multi-week Tactics (Thursday)

Multi-week programs are a mainstay of ski schools across the country. Come to this session to learn some great tactics for how to plan out your multi-week lessons. Learn how to build a great series of lessons that will have them, and their parents, ready to come back the next season!

Nighttime Activities...

Looking for something more after dinner? New this year we'll offer a couple of breakout sessions that will provide further insight into the next days topics.

Sunday will be “speed-clinic” night. These short, 15 minute, sessions are meant to give you a quick hit of information from team members and content experts. Session topics will include Skills Concept 2.0, National Standards, Exam Tactics, Teaching Tips, Ages and Stages, Equipment.

Monday night the kid’s team will be presenting material to build the foundation for Drills and Games. It’s great to know different games and drills to use when teaching children but this session will give you the skills to develop your own.

Tuesday night will see the return of the mini-Tradeshow with representatives from our various suppliers and sponsors. Come see what’s new and get your gear fix!

Wednesday night the kid’s crew is back at it with a roundtable discussion for those working in or running children’s programs. We’ll be screening a classic ski movie for your viewing pleasure.