

	PSIA CERTIFIED LEVEL II CROSS COUNTRY MOVEMENT ANALYSIS TECHNICAL UNDERSTANDING ASSESSMENT FORM	Candidate:		<h2>Sample Form</h2>	Assessment Scale for Certified Level II: 1. Essential elements were not observed or not present. 2. Essential elements are beginning to appear. 3. Essential elements appear, but not with consistency. 4. Essential elements appear regularly at a satisfactory level. 5. Essential elements appear frequently, above required level. 6. Essential elements appear continuously, at a superior level.			
		Date:			Location:			
		Region:			Assessors:			
		Assessors:						
Instructor Decisions & Behavior		Attained	Did not Attain	Score	Technical Understanding	Attained	Did not Attain	Score
Professionalism and Self Management: Contributes to a professional environment by managing their behaviors and emotions in response to others. (Continual Assessment)					Uses current PSIA XC resources to evaluate a skier's performance, considering equipment in the intermediate skill level.			
Needs/Safety Address group and individual needs for belonging.					Describe Personal Skiing Accurately identify and describe personal skier performance, referencing at least two aspects of the cross country Sports Performance Pyramid and all skills of the XC Technical Model.			
Behavior Management Manage behavioral responses.					Describe Ideal Skiing Compare personal and/or an observed performance to desired outcome, referencing the XC Technical Model.			
Section Average: Must be 4 or above to meet Learning Outcome					Change Personal Performance Convey understanding by changing personal skiing performance, based on comparison to desired performance and feedback.			
Comments (This box may be resized vertically.)					Utilize Information Accurately recognize and use information from current PSIA-AASI resources relative to personal performance or desired outcomes.			
					Section Average: Must be 4 or above to meet Learning Outcome			
Movement Analysis		Attained	Did not Attain	Score	Comments (This box may be resized vertically.)			
Accurately describes cause-and-effect relationships between body and ski performance and provides a relevant prescription for change for beginning and intermediate skiers.								
Describe Performance Describe a skier's performance, using any two aspects of the XC Performance Pyramid and all skills in the XC Technical Model.								
Cause and Effect Describe the cause-and-effect relationship between the skier's performance and the skier's performance, using two aspects of the cross country Sports Performance Pyramid in all XC skills.								
Prescription Provide a relevant prescription for change, using two aspects of the Cross Country Performance Pyramid and all XC skills to create a change in desired outcome through the intermediate level.								
Equipment & Wax Observe and describe how equipment choices affect performance and safety for intermediate skiers.								
Section Average: Must be 4 or above to meet Learning Outcome								
Comments (This box may be resized vertically.)								