



# PSIA Certified Level III Alpine Movement Analysis & Technical Understanding ASSESSMENT FORM

- Meets Standards  
 Does Not Meet Standards

**Candidate:**  
**Assessment:**  
**Region:**  
**Assessor(s):**

Assessment Scale for Certified Level III	
1	Essential elements were not observed or not present.
2	Essential elements are beginning to appear.
3	Essential elements appear, but not with consistency.
4	Essential elements appear regularly at a satisfactory level.
5	Essential elements appear frequently, above required level.
6	Essential elements appear continuously, at a superior level.

## ASSESSMENT CRITERIA

Instructor Decisions & Behavior	Technical Understanding
<b>Professionalism and Self Management: Promotes a professional environment by adapting behaviors to positively affect others. (Continual Assessment)</b>	<b>References current and historic PSIA-AASI alpine resources and information to evaluate ideal performances, using the alpine fundamentals and considering tactics and equipment choices.</b>
<b>Needs/Safety</b> Address group and individual needs for esteem.	<b>Understanding of Ideal</b> Accurately identifies and describes ideal performances, using alpine fundamentals in blended relationships.
<b>Behavior Management</b> Adapts behaviors for positive group and individual interaction.	<b>Understanding of Biomechanics/Physics</b> Accurately use and describe relevant biomechanics and physics principles to describe skiing outcomes.
<b>Section Average:</b> Must be 4 or above to meet Learning Outcome	<b>Evaluate Personal Performance</b> Evaluate personal performance based on described ideal.
<b>Comments</b>	<b>Utilizes Resources</b> Accurately compare information from multiple resources (PSIA alpine and other relevant content) relative to the desired outcome.
	<b>Section Average:</b> Must be 4 or above to meet Learning Outcome
	<b>Comments</b>
Movement Analysis	
<b>Describes cause-and-effect relationships of all the alpine fundamentals through all turn phases, resulting in an effective prescription for change for skiers through the advanced zone.</b>	
<b>Describe Performance</b> Accurately describe detailed ski and body performance relative to the alpine fundamentals in blended relationships in multiple turn phases, and from turn to turn.	
<b>Cause-and-Effect</b> Link ski and body performance to describe blended cause and effect relationships.	
<b>Evaluate</b> Evaluate the described performances and compare to more ideal.	
<b>Prescription</b> Prescribe specific change to effect blending of fundamentals, using DIRT (duration, intensity, rate, and timing) to create a change in desired outcome.	
<b>Equipment</b> Evaluate equipment-based cause and effect relationships relative to the student and their objectives in all skier ability zones.	
<b>Section Average:</b> Must be 4 or above to meet Learning Outcome	
<b>Comments</b>	