



WESTERN DIVISION

ON SNOW SAFETY PROTOCOL

PSIA/AASI-W safety meeting sign in for all PSIA AASI West On-Snow events. All our events will use this safety protocol. Our goal is an injury free event. The safety of our instructors, trainers and participants is of primary importance to us.

1. Speed and space: Expert skiers and snowboarders free ski & ride between 20 and 30 mph. That's 30 to 45 ft./second! Minimum separation when free skiing in our group should be 40 feet. Skiers/ riders below you on the mountain have the right of way.
2. Avoid collisions! When stopping, always stop below the group. Every skier in the group should help enforce this rule!
3. Always stop where you can be seen from above: Seven sets of eyes are better than one set of eyes. Everyone looks around. If anyone thinks we are in an unsafe spot, we move!
4. When starting downhill or merging with another trail, always look uphill and yield to others. Of course this is obvious. Just be sure you do it!
5. Warm up runs: sports physiology stresses the importance of warm up to athletic performance. We will ask " Is everyone warmed up or do we need another run?"
6. Maslow's hierarchy of needs: If you get cold, wet, over your head in terrain or snow conditions, tired, beat up, injured or need to use the facilities, PLEASE SPEAK UP! We want you all to be safe and perform at your best. Trainer will check.
7. Americans with Disabilities Act: When you registered for this event you should've been informed that you could fill out an ADA form so that we can recognize and accommodate any disability you may have. Does anyone here need us to accommodate for any disability?
8. Park & Pipe: If our clinic uses the park & pipe, we will review the Park S.M.A.R.T. Safety protocols, prior to entering the terrain environment.
9. Additional National Ski Patrol Responsibility Code rules: Always ski in control. Obey all signs and closures. Know how to ride lifts. Use devices to prevent runaway equipment.
10. Some resorts require all instructors attending PSIA/AASI events to wear Helmets. Do you have your brain bucket?
11. Is there anything we've missed? You folks are all members of PSIA/AASI and professional instructors. Is there anything you would like add to this safety protocol? (Clearing chair unloading areas, what to do if you're separated from the group, etc.) Please speak up. Safety is no accident!