

The Nuts & Bolts of Building and Delivering Clinics

(Ted Material from RTM + Cowan Material) (Includes Prep Material Available on the Website)

This clinic will build on the coaching fundamentals introduced in WPW and help participants develop and identify what clinic content to use and how to deliver their on-hill plan. The clinician will demonstrate the steps used to building common clinic topics (skill improvement, MA, teaching) and help participants work in small groups to practice delivering short segments to their peers.

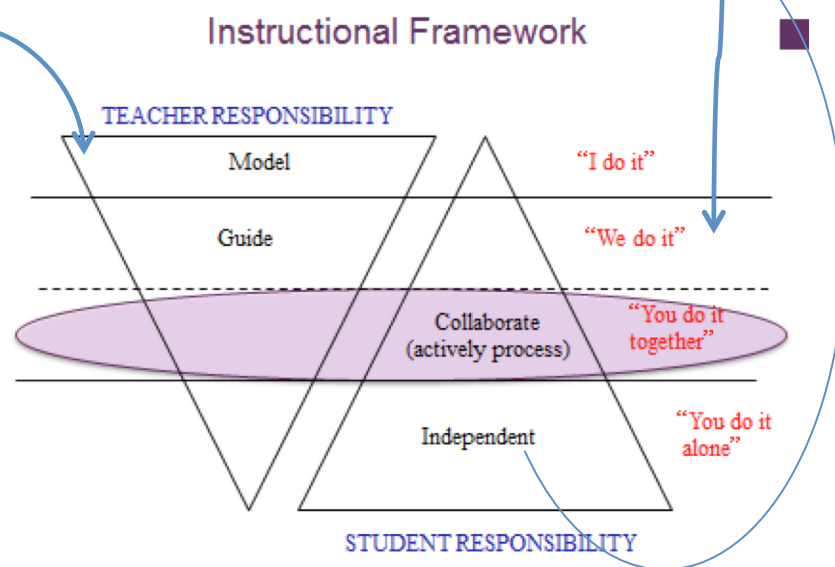
I. Rv what was learned/highlights in the **Fundamentals of Becoming a Trainer: Whole Part Whole clinic**

- This could be shared indoors during introduction or during warm-up runs

II. Identify learning objectives for the **Nuts & Bolts of Building and Delivering Clinics [RTM Material]**

- How to develop clinic content and making decisions on what will be covered
- How to plan explanations and demonstrations of skills (for technical and teaching clinics)
- How to plan *how* participants in a clinic will practice the skills you are teaching them
- How will you deliver feedback during the clinic
- Practice working in small groups [use **Cowan material Instructional Framework**]

- Clinician will model what participants should practice in short segments. Clinician will demonstrate the planning process with verbal descriptions and then guide them through each phase of the plan.
- Working with peers participants will practice each segment [**Guiding**]. The clinician will observe and provides feedback, and then demonstrate the next phase of the clinic
- Practice developing “a plan” in groups and sharing with peers



III. Clinician will demonstrate the steps using an introductory topic that can be broken down into:

Topic - Examples	Most Important Basic Skills the Participants need to learn	Order Taught	How Learned - Activity? Alone / In Pairs / Groups
Skills Concept			
MA			
Understanding Turn Mech			
Skill Development			
Teaching Kids			

IV. Exploring how to deliver feedback:

- When using feedback to guide improvement what are some aspects of skill development that you can use to point out when a task is done correctly?
- What are other ways to help measure progress while delivering feedback?

V. Summary: Good teaching skills are necessary to become an effective clinician. This clinic was designed to build on using Whole Part Whole with more specific content that can be blended together for building clinics.

Main areas covered in this clinic were:

- Selecting basic skills/content to be learned
- Planning the explanation and demonstrations
- Planning how participants will practice the skills or what activities will be used
- Providing effective feedback

Participant Post Event Feedback

The participant should receive a feedback sheet that highlights their preparedness for this clinic (did they complete the required prep material), their level of participation in the activities, and their ability to demonstrate while working pairs and small groups responsibility for learning the content of this clinic.